7 year old girl with concentration and behavioural difficulties.

Issue, Concern or Learning Difficulty
12 month history of difficulty concentrating in the classroom, occasionally leading to behavioural difficulties.

Demographics – Age, Gender, Family Structure
7 year old female, from a family of 5 (Mum, Dad, older sibling, younger sibling).

What the Therapist Found
Assessment revealed specific learning difficulties were present which were leading to frustration and subsequently, difficulty concentrating and behavior difficulties in the classroom.

Types of Treatment
Liaison with her school to discuss assessment findings and arrange additional support at school. Discussion with parents and teachers in relation to strategies to support the child, adaptations to be made to activities and materials given to the child at school and at home to best suit their needs. Individual sessions with the child to help them understand their strengths and areas of difficulty and to improve their self-esteem.

Outcome and Timeframe
Child is doing much better at school both behaviourally and academically and is attending well in the classroom. Parents and teachers report a much better understanding of the child and feel much more confident in managing the child’s behaviour.

Please Note
All treatment plans are tailored to the person’s individual needs.